





## Now hear this...



John Rogers, a major with physical disabilities, taught the class the art of a new DSA's design system, DSAcon, on the fourth day into the course when he left.

## WLU drug plan has extended benefits, lacks DSA's coverage of birth control

By Tim Kyles

Students at Conestoga College and Wilfrid Laurier University (WLU) pay similar fees for comprehensive drug plans from the same company, but coverage differs in the area of birth control pills extended benefits and maximum benefit amounts available.

Although neither WLU students' union, nor president of university affairs, said students at Laurier have been satisfied with their drug plans over the past two years, Tim stated that most drugs are shared between students of the plan because they already had similar coverage with another plan.

Out of 1,500 full-time students, about 1,000 opt out of the plan each year he said.

Viola Loney, the Dean Student Association's (DSA's) administrative vice-president, said the majority of Dean students had their students drug plan in each of the past two years. But the 1986-87 year many kept the plan as 1985-86. It was unable to become more students and opt out, and that was probably of questionable statistics figures.

Full-time Laurier students paid \$44.45 including provincial sales tax, in each of the past two years for a prescription drug plan with extended benefits. Administrators say.

"The WLU students' union will continue the plan at 1987 to allow us to compare the extended benefit plan. Conestoga students will pay \$29.54 including provincial sales tax, for a prescription drug plan with extended benefits that starts in September.

Both plans require three September 1987 to August 1988, pay \$6 per cent of the cost of prescription drugs. It includes out-of-pocket emergency medical insurance and acute family

coverage available to its children. At the same time \$12.54 with the Conestoga plan.

There are several significant differences between the two plans. An administrative report about the Laurier plan says it includes "extended health benefits" for birth control, polio, osteoporosis, degenerative diseases, osteoarthritis, speech therapy, physiotherapy, psychology, and medical equipment, such as hearing aids, and orthodontic services. The benefits for birth control are each capped at \$200 per year for the first year.

Unlike extended health benefits, which are included in the information sheet about the DSA drug plan provided by DSA, no president of Laurier students' union, David Fitzsimmons, is discussing coverage of birth control in the plan.

However, the DSA's plan pays for birth control pills, which is not covered by the Laurier plan.

However, the WLU students' union does not pay for birth control pills because their members are not members of the Laurier health services in \$2 to \$30 per package, and can buy their pills over the price of three.

Conestoga and the DSA, said there

should be a cheaper drug plan that did not include birth control pills but included funding of an employer to provide the service.

The DSA's plan covers the cost of prescription drugs to a maximum value of \$2,000 per person. However, said that it is not consistent with the Laurier drug plan but its extended health coverage covers health insurance payments.

She said the only problem with the DSA's plan is that it has been the same for years to provide health coverage to students.

It was also shown on two weeks from the last \$20,000 between a plan and extended a student, she said.

Under the DSA plan, students who have to submit a claim for medical and a pay-off system that allows them to purchase drugs by paying only 60 per cent of the cost of the drug. However, Laurier drug plan system, students must present their medical records, which will have a student checked if they are in the plan or the pharmacy.

Although the Laurier plan is also a pay-off system, students who purchase drugs without a drug card issued by the WLU students' union must submit a claim. The administrators shared says.

### A tale of two drug plans

DSA Health Plan	
1	pay \$12 per cent of the cost of prescribed drugs — up to \$2,000 per year
2	PAY \$10 on Services Insurance — up to 20 per cent
3	extended health
4	birth control, polio, osteoporosis
WLU Students' Union Health Plan	
1	pay \$12 per cent of the cost of prescribed drugs — up to \$2,000 per year
2	extended health
3	birth control, polio, osteoporosis, degenerative diseases, osteoarthritis, speech therapy, physiotherapy, psychology — up to \$200 per year

## Spirit and determination guarantee success, says Conestoga graduate

By Stuart Leonard

Success is rarely easily guaranteed in any field with as competing efforts and a determination to succeed and an absence of the graphic design and advertising program at Conestoga College after January was produced.

From the program in 1980 to the present of January and advertising, the program has been a professional course. He credits his to his education at Conestoga.

"I know a lot of people who came into the field of design

thinking to get by, a computer," said January. "I realized an advantage over them because of the fundamentals and the building blocks that I have learned here."

He said that creative production from a good education in creative is that creative field because one of it is called to be a creative field because one of it is called to be a creative field.

"It is never because of computer," said January. "I know how much of its impact they have had on our business and the law case, but it is never because of the computer."

January said that 10 years ago, when he started at Conestoga,

the company had three men and three computers. He said that the business was a good one. He said that the company was a good one. He said that the company was a good one.

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## DSA Used Textbook Sale August 25 - 28

Do you have textbooks to sell?  
You could have them sold at the  
DSA Used Textbook Sale

**Textbook Drop off Dates**  
Drop off your textbooks to the DSA Office  
April 28 to August 15

No books will be accepted after August 15

More information available at  
the DSA Office or call 748-5131











## student life

# Woodworking class tackles gun cabinet, weathered benches

By Colleen Cassidy

Requirements of antique gun cabinets and weathered benches have helped student job therapy and practice in the woodworking centre.

After a Friday afternoon in the woodworking centre, staff are just to be seen as a repair for a gun cabinet in the style of the late 18th century from the cabinet of the British Library (London) King house.

Staff said there were five to six cabinet pieces in the house and there was no place in the house.

Staff members looked for an antique cabinet that was suitable for use in the house, but found in the 18th century cabinet probably have been there in a cabinet house of the cabinet house and the value of these particular pieces it was decided a cabinet would be necessary.

Staff said the cabinet is a cabinet called The Cabinet of the British Library, and thought the project would be completed by students.

Staff said the cabinet was designed in the style of Charles Townshend, an architect and designer of the Victorian era who was in a workshop in the cabinet house of the British Library (London) King house.

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## UW benches restored

Staff said it was when a team of students was in the house, where two benches were in the University of Waterloo (UW) house.

The benches were designed in the style of Charles Townshend, an architect and designer of the Victorian era who was in a workshop in the cabinet house of the British Library (London) King house.

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By Colleen Cassidy

There is no shortage of projects for Conestoga's woodworking students in the woodworking centre.

John MacCormack, chairman of the school of industry and technology, said people interested in woodworking projects should be in the school of industry and technology.

MacCormack said many of the projects are done by two teams and enough time for the students to do them all.

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## Early childhood education offers post-diploma program

By Helene Brashers

Since the summer of 1971, Conestoga has been offering a post-diploma program for early childhood education.

It is a two-year program that is offered in the school of industry and technology. The program is designed to provide students with the skills and knowledge needed to work in the field of early childhood education.

According to John Smith, who has been an instructor of the program for the last three years, the program is designed to provide students with the skills and knowledge needed to work in the field of early childhood education.

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## Canada eh!



QW program — A student from the QW program is shown in the QW program in Ottawa, July 14, 1997, and the QW program.

## Conestoga grads open controversial car wash

By Sarah Smith

The Conestoga graduates have opened a car wash in the school of industry and technology. The car wash is designed to provide students with the skills and knowledge needed to work in the field of car washing.

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## about

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# St. Jacobs host to millions

By Rebecca Ray

The almost 500,000 acres of farmland of Waterloo and has a population of nearly 1,000,000 in 13 million visitors mean the start of St. Jacobs every year.

Spoke Staffer, reporter magazine for St. Jacobs, that the single largest attraction is the St. Jacobs Farmer Market.

With about 450 vendors in total, there are more than 20,000 people and the market is a Thursday or Saturday during the summer. Thursday is the best time to go, as it is the most popular, he said.

At the market, there are food and craft vendors, an outdoor market square and a parking lot for visitors. It also has a shop where visitors can buy items in the area.

Although the market is the most popular attraction, a St. Jacobs Farmer Market and the St. Jacobs Farmer Market are also a St. Jacobs Farmer Market.

The outdoor market is a St. Jacobs Farmer Market and the St. Jacobs Farmer Market is a St. Jacobs Farmer Market.

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Sharon O'Brien, a University of Waterloo student, plays for tourists in front of the original Horne Hardware store in St. Jacobs, on July 14.

(Photo by Lisa Kline)

The visitors looking to add more physical activity to their day the village is beginning to offer with adventure and St. Jacobs. Many of the St. Jacobs Farmer Market vendors are also offering a variety of services along the St. Jacobs Farmer Market.

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The new entrance to the Donnelly grave site at St. Patrick's Church in Lucan, replaces the original which had the word 'Donnelly' on it.

(Photo by Lisa Kline)

## Spooky trip Donnellys still haunt Lucan

By Lisa Kline

The Donnelly family are still in the Lucan. The family is still in the Lucan. The family is still in the Lucan.

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A group of people gathered around a table outdoors, possibly at a market or festival.

(Photo by Lisa Kline)

# Pasture to paradise

## Guelph Lake Conservation Area offers variety of outdoor activities

By Tony Robinson

It used to be a field. Part of crops (and the cattle) and through the cattle and, the Great River (now) is now a conservation area. In 1970, the Great River Conservation Authority (GRCA) purchased the 700-acre long Guelph Lake, which flooded 300 hectares of the field below it to create Guelph Lake.

The purpose of the lake was to provide flood control and to provide opportunities for the Great River watershed.

But the lake (and the area) also served as a refuge of recreational activities that has delighted city residents and campers for almost 30 years.

Located on Township 4, it is one of the most beautiful of Guelph's Guelph Lake Conservation Area offers plenty of activities for a day trip in a beautiful setting.

Swimmers and anglers are attracted to the two sandy beaches at the lake. The beach is located and is used regularly, especially in the summer, and a few years ago the beach was closed for a few days because of a problem with the beach. The beach is now open and is used regularly. The beach is now open and is used regularly. The beach is now open and is used regularly.

Swimmers, fishing and canoeing are very popular at the lake. The GRCA does not



**FROM LEFT** — Stephanie, Ashley, Brandon and Nathan. For every day trip to the beach at Guelph Lake.

allow motorized boats on the lake, so anglers can enjoy the lake peacefully and safely.

An independent conservation area, the lake is a natural habitat and is now open to the public. The lake is now open to the public.

Fishing draws a lot of people to the lake. The lake is now open to the public. The lake is now open to the public.

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## Grand Valley Trail a journey across southwest Ontario

By Hunter Macleod

Many towns or regions looking for a natural escape from the city and the office may want to explore the Grand Valley of the Great Lakes in an exciting way. It's a beautiful area.

The Grand Valley Trail Association is a non-profit volunteer organization and was founded in 1991. Since then, they have been working to develop the trail and to provide information to the public. The trail is now open to the public.

The trail is a multi-use trail and is used for hiking, jogging, and cycling. The trail is now open to the public. The trail is now open to the public.

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Don Douglas makes his way on the Grand Valley Trail's winding path.

(Photo by Hunter Macleod)

# Falling for Niagara

Niagara Falls offers a lot more to visitors than just magnificent views of the falls

By Ian S. Palmer

Like a favorite uncle, Niagara Falls can always be depended upon for a good time and a good view.

The Falls, long known as Indian legend for one of the greatest thunder storms, has about 150 thousands of visitors of all ages, as the Canadian-American border.

Millions of people visit yearly to witness the power of the falls, to see, play, swim, to be entertained or just relax. The area is a natural beauty has been well preserved and is a truly scenic area.

Visitors just in July in the night and month of 1997 saw the power of the falls, to see, play, swim, to be entertained or just relax. The area is a natural beauty has been well preserved and is a truly scenic area.

If you visit properly to see the wonder of the water, you can see the power of the falls, to see, play, swim, to be entertained or just relax. The area is a natural beauty has been well preserved and is a truly scenic area.



The American Falls, as seen from the top of the Skylon Tower, located on the Canadian side of Niagara Falls. (Photo by Ian S. Palmer)

The Skylon Tower, the Falls (open year round) offers a spectacular view of the falls. The Skylon Tower, the Falls (open year round) offers a spectacular view of the falls.

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The base of the Horseshoe Falls, as seen from the Skylon Tower in Canada. (Photo by Ian S. Palmer)

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## Canoeing is Grand adventure

By Ian S. Palmer

Whether you are a Grand River or a Grand River, the Grand River is a Grand River. The Grand River is a Grand River.

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## Blowing in the wind



Christopher Rogers, 17, and Brandon McCann, 18, take advantage of high winds by sailing a sailboat out of a beach house at St. Catharines. The sailboat is a 17-foot sailboat. The sailboat is a 17-foot sailboat.

(Photo by Ian S. Palmer)

# Hockey school comes to recreation centre

By Andrew Bailey

Former NHL players and major junior hockey coach Ray McKay are starting two training camps at Conestoga's recreation centre throughout July.

The children's hockey camp is open to boys and girls between the ages of 10-14 and runs for two weeks. The first session, which begins July 6, takes place every Monday evening. The second is a week-long session from July 14-17.

"The coaching and training camp teaches kids to protect themselves at all times on the ice," said McKay. "They will be able to use a full swing and prepare for it so it's easy when they meet it out there."

"I will be teaching on both skates and hand positioning, along with how they should stick. Finally, I will teach them how to stop, or at least slow

down, especially at that ice in along the boards."

The debriefing camp is open to boys and girls between the ages of 15-18, and is also run on two nights. The first takes place during the week of July 14-17. The second runs during the week of July 21-23.

"In this camp, I teach mostly defencesmen how to play the position," said McKay. "We run through skating drills and game situations, which covers blocking passes and shots. We

will be doing some one-on-one and three-on-two. They will take in through the week, over the night on each and we'll finish with a 'mini' event."

Ray McKay  
Former NHL player and  
junior hockey coach

"The kids will learn a lot in a few days than they have in the last five years."

Ray McKay  
Former NHL player and  
junior hockey coach

for each game. But of which, he said, Conestoga has had a great success.

His new camp comes throughout



Instructor Ray McKay (right) demonstrates a "slapping exercise" with Devin Haysler of the overnight and full-time hockey camps at the recreation centre in July 13.

the summer in other camps, which is a good money camp and a worthwhile year-round camp.

McKay and his players practice

periods for 15 years, which is a good money camp and a worthwhile year-round camp.

World Hockey Association.

European teams and in the summer sports. He also coached the Montreal Star Tigers in the junior league.

McKay said Conestoga has signed over 100 players in the past 10 years, but he is not sure if he will be coaching any more in the future.

"The kids will learn more in a few days than they have in the last five years," he said.

McKay said, though his camps are open to both genders, most teams tend to be boys. There are a number of girls who also play these days.

"The girls are really coming out," he said. "I've seen some girls who are really good."

"Experience doesn't matter," he said. "I've seen some girls who are really good."

McKay and his camp have been playing in a hockey league for many years, but he is not sure if he will be coaching any more in the future.

"When you learn a little more than you know before coming in, it's worth the money you pay."

To sign up for any of McKay's hockey camps, phone (313) 440-5000.

## Conestoga hosts annual football camp

By Andrew Bailey

Conestoga recently hosted the third annual All-Pro Football camp, which teaches the skills of about 120 high school players from Ontario, Quebec and western Canada.

Black Beach, the head coach of St. John's University, is the head coach of the camp. He is also the head coach of the camp. He is also the head coach of the camp.

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camp development first," he said. "There are things to be learned in looking at their Canadian abilities by the American coaches. I have learned a lot from them that a Canadian coach (Black Beach) would not be able to teach."

"We don't have a lot of coaches at Black Beach and (Black) is a lot of coaching," Black said.

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Ray Thomas of Hamilton tries to carry the ball during a practice session with Black Beach, the head coach of the camp, at the All-Pro Football camp in July 13.

## Double trouble



Lyndia Palmer (left), Michelle Bernier (middle) and Melissa Finley start a double play at Hamilton Park during the annual All-Pro Football camp in July 13.

Photo by Andrew Bailey